

DRUID CIRCLES

Though their organization is invisible to most outsiders, druids are part of a society that spans the land, ignoring political borders. All druids are nominally members of this druidic society, though some individuals are so isolated that they have never seen any high-ranking members of the society or participated in druidic gatherings. Druids recognize each other as brothers and sisters. Like creatures of the wilderness, however, druids sometimes compete with or even prey on each other. At a local scale, druids are organized into circles that share certain perspectives on nature, balance, and the way of the druid.

CIRCLE OF THE FIST

It is common for druids to abandon the trappings of civilized life when they join their circle, but Fists of the Forest take things one step further, adopting the lifestyle of a wild animal. These druids rarely carry a weapon, preferring instead to master hunting as animals do, using only their bodies. At the height of this druid's expertise, it looks more animalistic than the beasts of the forest, and is twice as deadly.

UNTAMED STRIKE

At 2nd level, you fight with the strength of a feral beast. While you are unarmed and you aren't wearing medium or heavy armor or wielding a shield, you gain the following benefits:

- You can use Dexterity instead of Strength for the attack and damage rolls of your unarmed strikes.
- You can roll a d4 in place of the normal damage of your unarmed strike. This die changes as you gain druid levels, as shown in the Fist of the Forest Untamed Strike table. If the weapon die of your beast form is less than your Untamed Strike die, you can use this die instead while in your beast form.
- When you use the Attack action with an unarmed strike on your turn, you can make one unarmed strike as a bonus action.

Starting at 10th level, your unarmed strikes count as magical for the purpose of overcoming resistance and immunity to nonmagical attacks and damage.

FIST OF THE FOREST UNARMED STRIKE

Druid Level	Damage
2rd	1d4
8th	1d6
14th	1d8
20th	1d10

SCENT

By 6th level, you can hunt by scent, much like the beasts of the forest. You have advantage on Wisdom (Perception) and Wisdom (Survival) checks that rely on smell.

PRIMAL DEFENSE

At 10th level, while you are wearing no armor and not wielding a shield, your AC equals 10 + your Dexterity modifier + your Wisdom modifier.

FERAL TRANCE

Starting at 14th level, you can fall into a primal battle trance as a bonus action. While in your trance, you gain the following benefits if you aren't wearing medium or heavy armor:

- You have advantage on Strength checks and Strength saving throws.
- You have resistance to bludgeoning, piercing, and slashing damage.
- When you use the Attack action with an unarmed strike on your turn, you can make two unarmed strikes as a bonus action.

Your trance lasts for 1 minute. It ends early if you are knocked unconscious or if your turn ends and you haven't attacked a hostile creature since your last turn or taken damage since then. You can also end your trance on your turn as a bonus action.

You can use this ability twice and regain all expended uses when you take a long rest.

